

Happy 20th birthday Mainly Music!

This month Paparoa Mainly Music is Celebrating 20 years of bringing weekly joy, fun, movement and dance to Paparoa's preschoolers and their mums and dads. Hundreds of Paparoa kids and their parents will have fond memories of singing 'Welcome to Music' and 'Skidamarinky' and so many more catchy pre-school songs.

Mainly Music started in 2004 with Julia Parker, Julia Leaf and Juliet Clarke and, soon after, Rebecca Borger joined the team. Now it is run by Aileen Hames, Ruth Rosser and Lynaire Porteous.

Plus a wonderful team of 'morning tea' volunteers who have been turning up every Wednesday with a yummy morning tea to share.

See if you can spot yourself or someone you know in one of these photos.

Mainly Music. Every Wednesday during term time at the Paparoa Community Church, Hook Rd. Starting at 9.30am.

Rebecca













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Paparoa Press 🕞

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Publication date 1st Wed of month



Council Mark says-

Why I voted against abolition of the Maori ward

Because it has been such a controversial issue I thought I should explain why I voted the way I did, and record some of the things I said at our Extraordinary Council meeting in early August. The bits in italics are from what I said on the day.

We live in times of divisive

politics internationally, nationally and locally. This means more power to the powerful, greater disadvantage to the disadvantaged. So how can

a separate Maori ward be more inclusive? I'll tell you my view. The history of the Kaipara District Council is that, over its ten or so terms with an average of nine Elected Members per term there have been just two Elected Members who identify as Maori. Maori participation in local government to date has been poor - not all adult Maori in this district have registered to vote, and the numbers voting are proportionately lower as well. No doubt there are multiple reasons for that, including that they see local government as not for them. A nominated Maori ward is helping the Maori

community to engage. A Maori ward is a step towards inclusion rather than division. There is this thing called "the tyranny of the majority". I know about this. I experience it regularly. It has been defined as: "an inherent weakness to majority rule in which the majority of an electorate pursues exclusively its own objectives at the expense of those of the minority factions." An inclusive council would take steps to ensure that the voices of the minority are heard and taken into account. Treating everyone the same does not equate to treating everyone equally, except that there is something very consistent about everyone on the General Roll votina for General candidates, and people on the Maori Roll voting for Maori candidates.

Apart from the greater cost of a representation review over a referendum which would have taken place after the opportunity to properly consider the issue, we now have the prospect of defending a legal challenge which could easily add another \$100K of unbudgeted expenditure

to the cost of running your council. I also find it particularly ironic that the Mayor should deny the referendum option, when that was what he campaigned upon before he became mayor.

One way of achieving unity is to find a common adversary to focus on, and I had hoped that as a council we could unite with our concerns about the ridiculous timeframes which the new legislation has imposed on local authorities. I said that: Central government has dumped on us big time, setting extremely difficult deadlines for us to comply with resulting in a lot of angst in the community. Why are we making it so hard on ourselves? If we go down the "cancel" path it will lend weight to perceptions about this council's unwillingness to engage with our communities, both from today's meeting and the future shortened representation review. Such things carried out with great haste can result in unforeseen, unintended consequences expensive legal challenges]. Between now and Christmas we should be focussing on developing our draft Annual Plan and getting the Proposed district plan publicly notified, not a truncated representation review. Take the "continue" option and we will all (including our citizens) get a chance to draw breath and have a think.

I hope this has given you something to think about.

Mark Vincent Otamatea Ward councillor 021 0829 8037





Kaipara WellBeing Hub
Sept 14th 1.30pm - 5.30pm

Paparoa Sports Pavilion - Paparoa

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A farewell to Bruce Lydiard

A large crowd filled the Paparoa Sports Pavilion recently to celebrate the life of local resident Bruce Lydiard. Bruce was born and raised in west Auckland, one of four children whose father was well known as an athletics coach.

It seems that Bruce was more interested in swimming than running, although all the children were members of the local athletics club. Bruce's swimming led to surf life saving and he was a member of two life saving clubs including Mangawhai where the family would spend their summers.

On completing school Bruce trained as a draftsman and got a job with the Post and Telegraph Department, later Telecom, mainly mapping where telephone lines went. He met Estelle and they were married in 1970 and they raised their two sons, Michael and Arron, in west Auckland. Bruce was always devoted to his family, supporting his sons, and later his grandchildren, in their endeavours, including being a Scout leader for many years.

As retirement approached

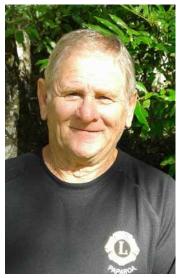
Bruce yearned to get out of the city, so they purchased a small block with a house on it near Paparoa. Once he hit retirement age, Bruce and Estelle moved north and immediately got involved in the local community.

They both joined Linking Hands as drivers and Bruce was soon on that committee, and in the following years Bruce got involved in many other organisations and sporting groups. These included Paparoa Lions, Kaiwaka Athletics, Paparoa Sports & Rec, Paparoa County Depot Trust, Otamatea Harbourcare, Paparoa Badminton, Otamatea Weed Control, and the Selwyn Centre group. Representatives from these organisations all spoke of Bruce's willingness to help, his cheerful and cheeky demeanour, and his ability to just get on and get things

done with no fuss or bother. He was quite happy to take on leadership roles on various committees and became the President of Paparoa Lions and then stepped up to take on the Zone Chair role for a couple of years.

Unfortunately for Bruce, his eyesight started to fail him, but although frustrated, he continued to do whatever he could to help the community and remained an active member of many of the groups listed, right up until his death.

Bruce will be remembered as an all round good guy,



and our community will sadly miss him. Sincere condolences to Estelle and all the family.

Pete

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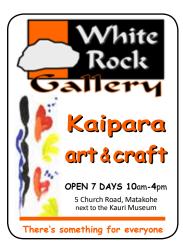




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At the market

When Donald Rutherford was old enough to sit on a piano stool his mother started teaching him to play. She was an accomplished pianist who had played in theatres for silent movies, and before long Donald was able to play some simple tunes.

One of his early favourites was The Happy Wanderer, and Donald remembers playing that by ear on a xylophone for his primary school teacher, much to her amazement.

Formal piano lessons soon followed and Donald remembers being extremely nervous at his first public recital at Whangarei Intermediate in front of the whole school. When he was just 11 he was gifted the family piano and not long after that he pulled the whole thing to pieces, cleaned it all up and put it back together again.

Whangarei Αt Bovs High School Donald was profoundly influenced by his music teacher, Michael Gifford, who became a family friend and was especially encouraging. By the age of 14 Donald was playing the entry music at assemblies and the hymns for the 900 boys to sing to. He became the pianist for the school orchestra, and even tried out for the school rock band, but the electric guitars drowned out his home fashioned keyboard, so that wasn't a success. He learned classical piano and music theory, but although he could read the music, he found it easier to play by ear and could quickly pick up tunes once he had heard them played. He has fond memories of weekly family sing-a-longs, playing for his Dad's mates when they came around for a few bevvies, and jam sessions with his music teacher, with both of them playing side by side.

After leaving school Donald played on request at parties, weddings, funerals and still does to this day. Some of the stories of those gigs are

legendary, including playing five hours straight and ending up with blisters on his fingers! He also remembers spending hours and hours at Wards Music shop in Whangarei, moving from one piano to the next, and was always excited when a new piano arrived in store.

You can see Donald at the most market Saturdays playing lots of the old wartime tunes as well as a mixture of all sorts of melodies. He will have his gumboots close by as he has often arrived after doing his farm chores, and he prefers to play in socks or bare feet. He has developed a great friendship with Sam Taylor, and they often play together with one starting off a song and the other joining in. It's great to watch them working together to create a great sound.

Donald always of encouraging young budding pianists, so if you have a youngster who is learning to play, please make yourself known to him and he will gladly make time to give them an opportunity to play their tunes in a public forum. Next time you're at the market be sure to sit for a while and have a listen to this talented pianist who we are lucky to have at the market. Drop some coins in the buskers basket to show your appreciation, and say gidday to our resident musician





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Paparoa School news

It is a very dreary, rainy day as I write this article, but I do it with a smile. Our school kitchen is finished! We had a blessing which was held on Friday 9th August, led by Hone Martin.

Our school was honoured to have been gifted a name for our kitchen "Te Whare Mairanga". This name embodies growth, nurturing and development, the very essence of cultivating future leaders. It was a wonderful finish to what has been a challenging and long project for our school.

We have an amazing school cook who is implementing a new healthy lunch menu. We have doubled the uptake of students eating the lunches, so it must be very tasty. Our Garden to Table programme is now back up and running with the students now learning to cook whole lunch dishes. The senior students cook lunch on a Monday and so far, we have had Hua Whenua soup (vegetable), Chop Suey as well as Vegetable curry with herb bread. It is such a pleasure to see all the students now involved in preparing food that has also been harvested from the gardens. Te Whare Mairanga will be complete once our tables and stools arrive which will enable the whole school to dine together while eating their lunch.

So, time to sit and reflect? Not even close! Our school is currently preparing part of our bottom paddock to plant hundreds of plants, creating a native corridor to encourage birds and bees to visit. This has been funded through Kaipara Moana Remediation, with a total of 506 native trees and grasses being received from Otamatea Harbour Care & Kauri Park Nurseries. It will also be a part of the Paparoa Pathway project, which will hopefully be created at some stage next year.

Also, we have our annual Possum Purge that happening from Friday 6th -Sunday 8th September. Our Gala will be held on Sunday 8th September at the Paparoa Showgrounds. Our coffers are empty and so we welcome all the community to come up, buy some raffles, buy lunch and have a bit of fun. All hunting teams,

registration forms can be picked up at the school along with your hunting bags. Cross fingers for great weather.

Happy Father's Day to all the dads out there, I hope you enjoy your day on September 1st.

Nga Mihi Nui

Karyn Taylor Principal

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Hospice Kaipara honours long serving local volunteers

A small group of volunteers enjoyed a lunch at Gumdiggers Café in Matakohe recently to acknowledge and thank several volunteers who have retired from their active involvement in Hospice Kaipara. We shared yummy food, much laughter, friendship, reminiscing and most importantly to honour Joy Bonham, Andrea Hope, Delwyn Chambers and Sharon Powell for the tremendous input they have made over the years. Special mention was also made of Dorothy Quaife and Gwen Vallance.

Karen Weber





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Socially Awkward play Mangawhai Tavern

On a cold and wet Sunday afternoon in August an appreciative audience was treated to some great music by this local band while enjoying a pub lunch. It doesn't get much better than that.

They started off with an original song written and sung by 15 year old drummer Maggie Jean Burke. She strapped on a guitar and what a treat - a beautiful voice and song.

The band then powered through a set of covers and original songs. We got to hear songs by Green Day, the 1975, Bryan Adams, Pink Floyd, Thin Lizzy, Crowded House, and Ramones (a personal highlight!).

Lead singing was shared between rhythm guitarist

Kohatu Donovan and bassist Seth Eve-Rumsey - who each bring quite a different energy. Along with lead guitarist Aaron Philips, who is an Ararua local, Socially Awkward sure know how to belt out a tune.

Follow them on facebook to hear about upcoming gigs and check out their music under the "About" tab.









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Spring Exhibition

Yes, Spring sprung!

Our latest exhibition opens Sun 1st Sept

and will run for two months. Do come and see the latest work created by our local artists.

Winter Workshop

At the time of writing this piece, our Winter Workshop, **Starting Your Art Journey**, with tutor Elena Nikolaeva, is about to happen. We have the maximum of 10 taking part (some more experienced artists signed up to complete the numbers). Art workshops are both challenging and fun, a great way to spend a day with fellow creatives of all abilities. White Rock has subsidised 50% of the cost of this workshop to the community.

Why Not Join Us?

White Rock would welcome you and your work – Are you a Kaipara-resident artist or artisan who would like to exhibit & sell your work?

Cost of membership is:

\$12 monthly; \$25 annually; 20% commission on sales payable to the Gallery. Exhibiting members are also required to manage the gallery desk for at least two 3-hour shifts each month. Give us a call on 021 265 4067.

Every Child Is An Artist

White Rock Gallery Committee



Letters from The Old Post Office... Herbs

How vividly the moonlight scrawls the pomegranate!1

Dear Reader, pottering about the garden and thoughtfully pruning that pomegranate so beloved of certain builders, (the thorns are simply spectacular) I must admit to quiet sniggering as I await the creative cursing that will float like a black balloon

over the pierced posterior of the tradie and I ruminate (like an old cow) on the pleasures and displeasures of the plants we grow.

Now, take the aforementioned pomegranate. They may have been one of the first fruits cultivated for human use. Circa 3500 - 2000 BC and originating in Iran, the plant was brought to Egypt around 1600 BC. Not only was it seen as an important food but the juice was used to fight intestinal worms (I am going to try it on the cat, that will teach him to skid around on his posterior) and the blossom to make a dye while the peel was used to dye leather.2

Jewish priests' robes dyed thus sound pretty splendid. The Torah describes them: "And beneath upon the hem of it thou shalt make pomegranates of blue, and of purple, and of scarlet, round about the hem thereof; and bells of gold between them round about: a golden bell and a pomegranate, a golden bell and a pomegranate, upon the hem of the robe round about." Exodus 28:33-34. Alright for some. I guess the peasants got around in sacking decorated with ash and mud.

Buddhists believe the fruit to be the greatest gift. Trees were planted in courtyards of Zoroastrian temples because their leaves, remaining green most of the year, stood as a symbol of eternal life.

A fruit of many virtues yet according to Greek myth the pomegranate is the cause of the earth's winter. Yep, that good old "let's tempt the maiden with a piece of fruit" trick and thus Hades, Lord of the Underworld got to keep Persephone for most of the year. At least we get spring and summer after a semisuccessful plea bargain by mother Demeter.

And speaking of the underworld, what quicker way to get there but to make over-use of some of the other fruit of nature's loins.

Belladonna, more commonly known as deadly nightshade, is used medically for antispasmodics, and sedative purposes (amongst others) so quite a useful plant but misused..., well, all I can say, you would not be coming back for spring nor summer. A little like certain nameless mushrooms.

And Dear Reader, on that educational note, one can only finish with the reflection that "There is a time for everything, and a season for every activity under the heavens". Which lets us out quite nicely. Hemlock, anyone?

Deb

1. Kofi Amed.

- 2. www.foodreference.com/ html/a-pomegranatehistory.html
- 3. Ecclesiastes 3:1 or to put it more simply "use according to instructions.

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A reminder to our contributors!

We need all advertising material by the 15th of the previous month and all editorial copy by the 20th. We cannot guarantee the publication of any material received after these dates. While we always welcome editorial content we reserve the right to decline or hold over any articles outside our regular columns. Opinions expressed in Paparoa Press are the author's own and not necessarily those of the editorial team or PPI.

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Maungaturoto and Districts Rotary

Sadly, early in August we had to farewell one of our Foundation members Colin Smith. Maungaturoto Rotary was formed in August 1969 (yes, we are 55 years old this year) and until shifting to Whangarei Colin, with the support of Irene, was a huge contributor to our club. Colin also attended the inaugural



meeting of Whangarei South in 1975. He owned the local Gas station and was an active supporter of many activities within Maungaturoto and even after he left, he and Irene would bring their caravan down so they could attend our Club functions. All of us who have known him are grateful that he shared a part of our lives.

By the time you read this, we will have our current President, Tim Magill, back with us. We

to Restricted license.

know that he is a very community minded person and we look forward to his ideas for this Rotary year. Tim has also agreed to help me with the Driver Mentoring. This is great news as this will give us more scope in getting people (regardless of age) from their Learner's

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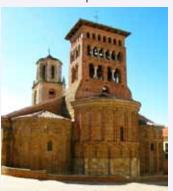
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We are now meeting on a fortnightly basis and at a recent meeting Val Hawkes gave us a very interesting talk on her recent completion of the Camino de Santiago in Northern Spain. Val has completed this pilgrimage



several times before and is now providing information to locals who are keen to complete this adventure. If one lives in Europe, it can be completed in smaller sections. However, most people who travel from NZ aim to complete the 800km journey in between 33 to 40 days, but completion is the aim not the time frame. This picture depicts the precarious nature

of the nesting habits of storks who also nest on power pylons, dropping their extraneous material on anyone who passes underneath.

We have been receiving regular letters from our Exchange Student, Jamie. At the moment she is with her second of three host families. She is being kept very busy, not only with her schooling in Belgium, but also with extracurricular activities which have included a two week Scout camp and a sailing activity on which only French was spoken. This will be very beneficial for her as her last host family only speaks French. We look forward to hearing more about these after she returns in January. Jaimie was also able to attend one of the preliminary Olympic basketball matches in Paris.

Remember, if you have any suggestions of ways we may be able to help in our wider community, please do not hesitate to talk to one of our members.

Fileen



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Out of hours books can be returned to the returns box inside the door to the right at Skelton's Drapery. Library Manager o9 431 7555 (During library hours)

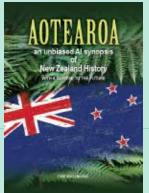


BOOKS AND BOOKCLUBS

Here 'tis! "Aotearoa - an AI synopsis of New Zealand History," by Toni Spellmeyer.

Are you seeking what it is to be a New Zealander today? No longer sure of your identity? Let Toni show you the way in this journey through our past, present, and into our future. Whether Maori or Pakeha, born here, or arrived here, you have made Aotearoa/New Zealand your home. You are a Kiwi. Not so long ago





our Nation cried with one voice, "This is NOT who we are!" This book tells us very clearly who we are, how we got here, and where it is possible for us to go next. Although robotic and repetitive, poetic vocabulary and descriptions of our forests, mountains, pastures and beaches add soul to what is designed to be a catalyst for educational study and discussion. Many threads of events, people and themes are woven together like a blanket, or tukutuku, with colours and patterns appearing and re-appearing throughout. As a synopsis it is a detailed and factual account of the history that has shaped us as a Nation. The treasure it contains dispels and over-rides opinions, arguments, injustices, all manner of negativities and shows us our true wealth as a people, working

together for the good of all and towards a positive future. It portrays hope, pride and aroha. Available online from Xlibris and from the author. (There are also copies available at Skeltons.)

More on what it is to be Kiwi, and biographies of Kiwi Icons, is Sam Neill's "Did I Ever Tell You This?" Not reading women's magazines except in doctors' waiting rooms, I am not up much with global gossip, I did not know that our beloved Sam almost died of cancer. And he wrote his memoirs from what was supposedly his death bed. Thanks to modern medicine he is fully recovered, has since made

two more TV movies, (Apples Never Fall) and has given us this wonderful insight into his life - becoming a Hollywood Movie Star. I found his writing fragmented and hard to follow at first (probably due to the chemo) but he found his stride about half way through, about the time he writes of filming The Piano, and it is very readable overall. Being the same age as him I could relate to his life in New Zealand, but no way could I keep up with his star-studded



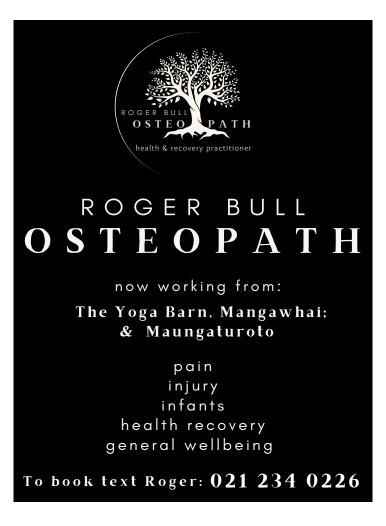
friends and life-style. Mel Gibson, Meryl Streep, Richard Gere, Tim Finn and many, many others. Lots of anecdotes about the rich and famous and loads of photos. He mostly lives in Central Otago now and owns Two Paddocks Winery. He rather underplays his importance, even in the cover photo he looks rather bemused about his success. C'mon Sam, you are our hero- assume the stance!

Now, if you are in need of a break from serious non-fiction, and I am, are you ready for something completely trivial and ridiculous? I have discovered Valerie Burns. You are probably way ahead of me and have already read all her books. She is an older African American woman who writes hilarious "Cozy Crime" about completely frivolous young women, whose main loves in life are Jimmy Choo shoes and Gucci handbags, and equally vacuous young men. I first read "A Cup of Flour, a Pinch of Death", and now I am hooked. Recipes included. Her characters are completely unbelievable and her writing is very funny, whether she intends it or not. I think she does with titles such as "Two Parts Sugar, One Part Murder," and "Murder is a Piece of Cake". She has written a series called Dog Club Mysteries: "Order in the Dog House," "The Puppy Who Knew Too Much," "Paw and Order," and also loads of other one-of mysteries.

So there you have it, a journey through our history; Sam Neill, a movie and a glass of Pinot; and Valerie Burns, the froth on the top of your coffee and a piece of cake.

Anne Bate





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Neuroverse

An art exhibition that fosters an understanding of neurodiversity

Opening night 6th September from 6pm, Mangawhai Art gallery. Runs to Thursday 19 August. ".. perhaps it is because he hears a different drummer. Let him step to the music which he hears, .." Henry David Thoreau.

The Exhibition, Neuroverse to be held in Mangawhai from Sept 6th to the 19th Sept, is not only to showcase the art of both Jay Allen and Lisa Wintle but to also raise awareness of the many people who respond to their environment differently from others. Neurodiversity may be defined simply as a range of differences in individual brain function and behavioural traits, regarded as part of normal variation in the human population (Oxford Dict): In other words, it may simply be expressed in a different way of functioning (For example, ADHD and dyslexia may be included in this definition)

Many people already know that they learn in different ways to others, ie. visual,

reading/writing, kinaesthetic and auditory. And, of course, each style requires different support and can be incredibly productive both for the individual and society. (Think artists, musicians, athletes, writers etc.)

For Lisa, this is extremely important, as it reflects a core ingredient in her own life and work. (Both through her artistic practice and role as a parent.). She and Jay both walk through life translating

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OCS September News



Thanks to everyone who attended the community lunch last month. It was pleasing to see so many there enjoying the meal which was delicious as usual. Our next lunch

will be on Wednesday 16th October, with the final for the year in December. 11am for morning tea and lunch at 12, at the Good News Church, Hurndall Street.

September dates for the mini-bus: We are going to Whangarei shopping on Tuesday 10th and Wednesday 25th. There are 11 passenger seats and not enough people to fill them, so come along and enjoy a free ride to Whangarei. No worrying about driving or parking and you don't even need to shop if you don't want to. Meet the van at the Retirement Village parking area in Hurndall Street Maungaturoto at 9am with a return after lunch.

Do you love playing board games? For those who haven't been yet we have a popular event on Friday nights at Brooks House, 153 Hurndall Street, right next door to the Community House- it starts at 6pm and goes until 9pm. We have plenty of board games and provide a tasty supper. Come along and enjoy the fun with young and old-you only need to have an interest in board games. For more information on any of the above phone us on 431 9080.

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Linking Hands

You never know when you'll need them...

Linking Hands health shuttle services rely entirely on donations, grants and volunteers to operate.

Without this help they would not be able to continue to help the community get to their much needed health and well being appointments.

They are still running their vehicle replacement fund to keep their fleet of vehicles up to a high safety standard.

They have a givealittle page, or scan the QR code to make a donation.

https://givealittle.co.nz/org/linkinghandsinc





things that they see and hear in their own divergent ways. Both wish to shine a light on others' strengths and unique awareness and to raise general understanding in the wider community.

Jay Allen writes of her work: Drawing is my first love, and has been a lifetime practice, as well as a source of peace and solace. My artistic influences are diverse, and stem from a love of natural structures, plant forms and creatures. In a combination of obsessive detail and murky chaos, my practice draws from emotional states, liminal spaces and thematic and visual tensions. My background is in Art History, photography and illustration. A move into the field of ceramics has taken my practice into another direction, incorporating the textural elements, formal considerations and creative challenges of this 3D media into my drawing practice.

Lisa Wintle- Artist bio

I am a commission artist who specialises in translating nature and feelings. I am inspired by the natural world and seek to bring a scene to life on canvas.

I was raised on the Kaipara Harbour and have an affinity with land and waterscapes with their many seasons and moods.

I have always loved to paint and have taken painting instruction from a young age. Much of my learning has been self-directed. I took a particular interest in the whilst travelling masters, overseas in Europe, often frequenting Art Museums and Galleries.

The collection I am exhibiting covers a mix of commissions and photos. The rural scenes nostalgic memories capturing the sentiment of days gone by for generations to come. The seascapes reflect the feelings of wellbeing you get from walking down a beach or looking out onto the water. Breathe was painted as a tribute to mental health and taking time out. I like to pay attention to refractions in the water and continuous patterns in nature to reflect the feeling of trying to pause and relax, and many of my paintings are painted with the intention to unwind and transport the viewer.

Come along to our exhibition and discover our visual message. Bring the family to our Family Day 7th Sept 9.30 -3.30 The gallery will have artists in residence happy to answer questions and share their knowledge.

Lisa Wintle

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Paparoa War Memorial Hall

Our community hall was built in 1956 with locally raised funds and labour. Today it remains administered and maintained by a small committee of selfless people, not all living in the Paparoa area but who see the hall as an important asset for residents' wellbeing.

The hall is used by many groups - exercise, sport and crafts people plus annual events such as the A&P Show (NKAA) and Kumerani Circus. The Paparoa Lions use the Hall for their larger events.

Our community needs to acknowledge the people who have formed the committee over many years - they volunteer countless hours to provide the venue for all to enjoy. It was disappointing to have not one person come to the well-advertised AGM recently and thus our Committee remains: Peter Risbridge (President), (Vice Stephen Findlay President), Robyn Skelton (Bookings/Treasurer), Loraine Rowlands (Secretary) Peter Hames, Ken Chambers and Tim Lord. On a sad note, Kate Battensby has resigned from the committee and as cleaner; she has spent 15 years caring for the Hall.

We have been grateful to be granted funds from COGS to help with our annual insurance cost (now over \$4,000), Paparoa Depot Trust to cover new hand dryers and \$500 from sale of firewood donated by the Lions Club. Thank you to Daniel of Puriri Ridge Electrical for new hand dryers and high lighting, and Bryce Frewin Locksmith who is installing a Controlled Key system. Kaipara Cleaning's Tim keeps the roof and guttering clean, and Ken Chambers keeps the grounds tidy. We also have people who help with the gardens, thank you Rosalie and Sally. A big thanks also to Sharon Duffy who donated an AED (defibrillator) which is on the wall in the Hall foyer.

Lastly, we are working on a new Constitution and registration with the Charities Commission which compulsory. If anyone would like to become a support with hall maintenance, please talk to Robyn Skelton in the first instance - to be found in her Northland-famous Drapery.

The present committee members have largely been volunteering for close on 20 years they are needing support, especially Secretary who is retiring at the end of the year (if not before) and would like to hand over in an easy way-not iust desert her post.

> Thank you, Loraine Rowlands

THE KAURI MUSEUM

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We are very excited to have opened a spectacular new attraction at the Museum the Forest Walkway.

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DATE: 30 September or 7 October 2024 (Choose a date, and be quick!)

TIME: 9.15-11.30am

WHERE: Quince Cottage, 1 Franklin Road, Paparoa

AGE: 9yrs +

COST: \$85pp ANZ 06 0209 0240179 03 (Ref: PW date, Your

child's name)

Please email virginia@theolfactorynz·com if you have any questions·

Paparoa and **Surrounding Areas BUSINESS SHOWCASE**



WHEN: Saturday 12th October

WHERE: Paparoa Memorial Hall - 1pm to 5pm.

Find out what's available in your local area.

It is FREE to attend and to register a stall.

There will be demonstrations, tastings, loads of useful information, gifts to buy, products and services to order and food trucks offering tasty treats.

Be in to WIN \$500 to spend locally in our SHOP LOCAL Competition.

This runs from 5th September to 5th October at participating businesses.

Look for the poster or see the list here paparoa.org. nz/events/business-showcase

There's a lot to discover locally. Cottage industries, workshops, training opportunities, garden supplies, pet services, commercial businesses, farming supplies, bespoke food and beverage, construction and engineering, trades, craft and artisan products and much more.

Email paparoa.ca@gmail to find out more.

Prize draw at 3pm - be there to win!





At the community gardens life is as busy as ever as we have been doing some maintenance and preparation for spring and summer. Many of our raised beds were looking very sad and starting to move into our pathways which at times was not convenient for working in there. We sought the help of Shaun

Matahaere, a local builder, who has used wood that we were given to rebuild many of our beds and has made our working environment much better. We would like to extend a big thanks to both Shaun and Pani O'Keefe for helping us out with this project. Shaun was both creative and flexible in working within our needs and budget which has resulted in garden beds that are functional and neat and we have clear paths once again. We are very grateful for his help.

One more ongoing project has been our watering system for summer time. Another large thanks goes to Tony Brewer who has built us a lovely strong tank stand next to our raised beds and has collected, cleaned and installed a new 1000 litre IBC tank. This will enable us to efficiently water our veggies over the busy summer period.

Our latest harvest headed off to Otamatea High School food bank and it included heaps of winter goodies including cabbages, cauliflower and broccoli. Currently we are growing a mesclun mix which makes for a quick healthy stir fry. Seedlings are being planted weekly and as always we thank Rowie Panhuis for the fabulous supply of these. We value her help

The gardens are open Thursday and Friday 9-12 and we usually harvest on Sunday 9-11, if you would like to come along to harvest please contact us first as we don't harvest every week at the moment. You can contact us via Facebook or email kfullerton25@gmail.com. We are not able to answer messages immediately so please leave enough time for our volunteers to respond.

Aladdin's Cave

Aladdin's Cave, Grow Paparoa's second hand shop, has been kept busy as well. Our volunteers extend thanks to all of the customers and to those who take the time to donate items. All of the money raised in the shop is put back into the gardens and so in donating items you are helping the community food banks. Should you be starting to think about a spring clean we would appreciate any clean clothes in good condition and any smaller items such as kitchen items, jewelery, toys etc. Sadly we are very limited in space and so we cannot accept larger items such as furniture.

We take donations during opening hours which are 9.30 to 1pm on a Saturday. If this is not convenient then please contact Jenny on 0276888296 to arrange a suitable time. And of course if you would like to volunteer in the shop please contact us! Katie Fullerton

Fungi that eat plastic

91% of all the plastic ever made has not been recycled and 79% of that is accumulating in landfills or slowly breaking down in the natural environment as litter. At some point, much of it ends up in our oceans.

But-there are fungi that can 'eat' plastic! Could this be a partial solution?

Dr Ken Cullings and Ocean Blue (among others) are looking at ways to expand the research on how to isolate



and safely reproduce the microorganisms that can achieve this. These organisms have enzymes that safely clean up toxic waste and are keen to expand their

research. Trials are currently taking place in Australia and France. They could happen here too.

If you are interested check out oceanblueproject.org or search Dr Ken Cullings. Stella



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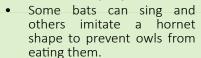
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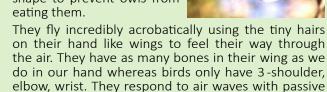
Science Corner

Bats have Super powers!!

Ignore all the horror stories about bats - they are amazing.

- They have an enviable resistance to getting cancers and repair their own DNA. They also live for a very long time for such tiny mammals-like decades!
- 1/5 of all mammals are bats.
- They were the only mammals in NZ before man arrived-just 2 species-long tailed bat and the short-tailed bat (they are rare but present in Puketi, Omahutu and Waipoua Forests in Northland).
- People worry about the diseases they carry (but don't get sick with), but dogs with rabies kill far more people.





- They vary in size from the size of a bumble bee to flying foxes with 2m wing spans.
- They eat mosquitos pollinate mangoes and other fruit including the agaves of the Sonoran Desert (where tequila is made).
- Some migrate up to 2414km.

dynamics (no thinking required).

- May use eco location to catch food catch a flying moth- use it's wing to transfer the catch to a pocket pouch and eat later as a snack while continuing to fly.
- Some are solitary while others live in huge flocks.
- People are trying to copy the bat's wings in making drones.
- They are also being studied to see how they remain cancer free and repair their DNA.

Again, nature is incredible!

Stella



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Paparoa Community Church

Connecting with God Creating Community Communicating the Gospel



Church Service on Sunday at 10 30am 6pm for fellowship, prayer and sharing.

Everyone Welcome

The Medical Society AGM

Paparoa Medical Society Inc is holding its Annual General Meeting on Sunday 20 October at 4.30pm, Paparoa Hall.

society owns the premises leased to Coast to Coast Health Care Ltd as well as Paparoa Community

As owners, on behalf of the community, of a valuable strategically located property, the society is facing some challenges. It is entering an interesting and potentially exciting stage. The future will be secured attracting thoughtful, far sighted people to the committee

If you would like to contribute to the development of this valuable community asset with a focus on continuing provision of health services and securing good health outcomes for local residents, please come along. The committee normally meets quarterly so its not a large burden on your time.

further information please contact the current chair, Graham Taylor, on 027 4754490.

Graham

LIGHTS ON In fog or rain





From our family to yours

Mayhem Mary

Days drift on at the homestead, garden preparation for spring has begun in full force and I have a new helper in the garden-little Miss Mary. She's

a very active babe, and she isn't content to just work in one spot, rather she likes to drift around, attacking a lettuce here, scratching into the dirt there... So the word 'helper' is used in the most unhelpful sense, but its nice to have her there.

Makes a break from tidying up her tornado activities inside, now she is taking those first steps around the place, all the cupboards become of great interest. Each one is barred, literally with pieces of wood- all but one- from which she greatly enjoys turning out all the contents of plastic cups and plates every morning. And then every time she sees they've been put away. Multiple times in a day. If I leave them lying on the floor, they aren't so interesting-however tripping over them is more annoying. The emptying process keeps her

entertained for five minutes, so on we go... She does have toys, mind you. A whole tub full. Which she likes to tip out and then climb in and out of the tub. Naturally. Being child number five means I am essentially resigned to the process, and leave her to it.

Next month she will be one! There won't be a big shindig for it, as Mr five has his birthday only three days after her and, at that age, the party is far more important. Each time



I ask him, the plan changes. It was to be an exclusively boys only event, at one stage. When I said Mary would have a girls only event, he declared that unfair. And dropped his plans. Time will tell what he ends up

with. A cake is about my standard minimum. Each year I'd like to say the cakes have been getting better, but it's a journey depending on how much time I have to do it. Sometimes it's from the supermarket, sometimes home made, sometimes crafted into an elaborate shape - one time, when on a natural health kick (years ago), it was my great idea to use spirulina as a natural icing colour. Watching children at the party spit the cake out in disgust into the garden made that a very memorable event.

Follow me for more party tips... And have a wonderful September.

Jenny

Walking sheep

There has been a bit of an issue with sheep in the Paparoa Pa walk. Regular walkers have noticed that the mob of sheep is growing steadily. In the beginning there were only a few but now there's a lot more. They are easily frightened when you are walking their way and go into flight mode, causing damage to the banks and the bush.

If there is no direct escape route they try to run right at you in their fright - which could potentially cause some serious injuries.

The tracks are pretty muddy at the moment which is compounded by the sheep manure that sticks to your shoes.



If any farmers out there think these are their sheep maybe you could herd them back into the paddock where they belong.





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Household Hazardous Waste: Amnesty Days are back!

Bring your household hazardous waste to be disposed of safely. Northland Trained and experienced personnel will be on-site to identify substances, sort them, and store them safely for disposal.

Where: Re:Sort Centre, 201 Kioreroa Road, Whangārei

When: 8am-12pm

- 17 September 2024
- 19 November 2024
- 21 January 2025
- 18 March 2025
- 20 May 2025

What we accept:

Small to medium quantities (individual containers up to a total of 20kg or 20 litres) of the following:

- Garden chemicals, sprays and powders
- Pool chemicals
- Corrosive and flammable household products
- agrichemicals, Legacy such as dieldrin, lindane, DDT, 2,4,5-T and 2,4-D

What we can't accept:

- Ammunition explosives*
- Asbestos
- Camping gas canisters

- Fire extinguishers
- Fireworks
- Gas cylinders
- Medical waste
- Non-residential waste
- White goods/appliances
- Waste oil*
- Paint*
- Batteries*

*For disposal of ammunition, flares and fireworks, please contact the NZ Police on 105.

*For the Whangarei district, household waste oil, batteries and paint can be taken to the Re:Sort Centre on non-amnesty days. For Kaipara district, please contact KDC for local disposal options. Small batteries (including those from tools etc) can also be dropped off at Bunnings or Mitre 10.

REGIONAL COUNCIL

Te Kaunihera å rohe o Te Taitokera

*Car batteries can be taken to a local scrap metal dealer.

Note:

- Please do not bring any hazardous materials chemicals to any Northland Regional Council offices or drop them at the Re:Sort Centre on non-amnesty days.
- Hazardous waste from any businesses (including farms and orchards) will incur a disposal fee. Businesses should contact NRC to find out about options for the disposal or treatment of their hazardous wastes.

more information and tips on transporting hazardous substances:

Ph: 0800 002 004

ST JOHN TRASH AND TREASURE.

30th September - 4th October

For newcomers to our area, this event has been running for more than 40 years and the proceeds enable us to provide resources in the community.

Once again we are looking for good quality donations for our annual fundraiser.

If you are unsure if your item would be suitable, please call me to discuss.

Printers, computers and TVs do not sell well, nor do mattresses so please don't donate these items.

Please don't just leave them outside without letting us know. If you can hold them until the Sunday prior to the event, please do but if this is not convenient, please call me and I will arrange to meet you at the hall. We will be at the Centennial hall from 12.30pm on the 29th.

If you have a registered trailer we can borrow for the week, that would be a tremendous help with our deliveries.

If you would like to help during the week, set up the shelves and display items on Sunday 29th September or help dismantle and pack on 4th October, as well as support in moving and delivering items during the week, even for a few hours please call Eileen - 021 142 0357.



Roger Price 09 431 4590

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September in the Garden

Sept is an amazing month in the garden. What we plant and sow now feeds us through spring and early summer. Sept normally gives us warm days and regular rain (perfect growing conditions).

It's busy in the vege garden this month you can now direct sow seeds like carrots, radishes, beetroot, rocket, and coriander. Seedlings of spinach, silverbeet, spring onions, Asian greens, broccoli, cabbage, cauliflower and asparagus can also go in.

Inside a greenhouse or a warm window you can start your seeds of tomatoes, egg plant, capsicums, chillies, zucchini, pumpkin, melons, cucumber and corn. And if all that doesn't exhaust the reader (ha ha), If you haven't already, it's time to get the potatoes in. Planting an early variety should give you new potatoes for Christmas.

GET ON TOP OF YOUR WEEDS (or you will regret it). It is much, much, easier to pull small weeds out of soil that is soft from the winter rains than to deal with them when they are established and the ground is hard. Pay attention to the weeds that do pop up as they can indicate possible soil problems. Clover and vetch can be a sign of low nitrogen. Cow parsley a sign of too much nitrogen. Comfrey and Dock a sign of poor drainage. Buttercups acidic soil or lack of drainage. Plantain and sorrel acidic soil. Borage and stinging nettles fertile soil.

So enjoy the spring garden!

Tell me what things you want to know.

Is it what to plant? Soil health? Compost? Reuse/recycle? Flowers? Maybe recipe from seasonal produce?

Email press@papaoroa.org.nz

Happy Gardening Smiles, C

Hall Committee secretary sought

The current one is "Past her Use-by Date"! There must be someone who could help the people on the committee with light secretarial duties meetings as required, getting out minutes, some compliance paperwork and so on.

The other members of the committee are very supportive and kind.

If you would like more details, please either talk to Robyn in Skeltons Drapery or phone Loraine 09 431 7290. Thank you.

REMEMBER!

Either way it's 20k

when you pass a school bus that's picking up or dropping off children.

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Grow Paparoa Inc. Whakatipu

Paparoa

AGM

Wednesday 18th September, 5pm Paparoa Sports Pavilion All welcome Secretary, S. Skelton

Paparoa

Medical Society

AGM

Sunday 20th

October, 4.30pm

Paparoa Hall

All welcome

NKAA

North Kaipara Agricultural Association

AGM

Sunday 29th September, 2pm

Paparoa Sports Pavilion Afternoon tea provided All welcome.

Local JPs

4317306 or 0272922787 Business hours only

Val Faulkner, Paparoa 021687226

Evenings and weekends

Graham Withers, Tinopai 2809552 or 02102545799

4316847

Robyn Skelton, Paparoa

Derek Birt, Mareretu

Paparoa Volunteer Fire Brigade Join our team

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Contact Ken Ogilvy 021 129 4042





WHAT'S ON - SEPTEMBER 2024

The Kauri Museum - open 7 days, 9am-5pm.

White Rock Gallery - 5 Church Rd Matakohe (Kauri Museum) Open 7 days 10 - 4 Kaipara Wellbeing Hub - Sat Sept 14, 1.30-5.30. Paparoa Sports Pavilion See ad p2 for info.

Grow Paparoa AGM - Wed Sept 18, 5pm. Paparoa Sports Pavilion.

NKAA AGM - Sun Sept 29, 2pm. Paparoa Sports Pavilion.

St Johns Trash & Treasure - Mon Sept 30 - Fri Oct 4. Maungaturoto Centenial Halll. See p16 for more details.

Kids Natural Perfumery Workshops - Sat Sept 30 or Sat Oct 7. See ad p12 for booking info.

Looking ahead...

Paparoa Medical Society AGM - Sun Oct 20, 4.30pm. Paparoa Hall.

Paparoa & Surrounding Districts Business Showcase - Sat Oct 12, 1-5pm... Paparoa Hall. See back page for more.

OUT & ABOUT AROUND TOWN

Paparoa's Farmers Market Happens every Saturday morning, 9am - 12 at the Village Green. Fresh fruit & veges, sweet treats, plants, fish, eggs, assorted crafts, live music and so much more. A great place to catch up with friends or make new ones.

Artisan & Collectibles Market Quarterly. Paparoa Memorial Hall 10am-2pm. Next market 8th December. Email artisanmarket.paparoa@gmail.com or ph Steph 027 452 7124 or Ruth 021 433 969.

Grow Whakatipu Paparoa Drop in for a chat, hands on experience, or a cuppa. Every Thursday & Friday 9am-12pm. Next to the showgrounds.

Paparoa Golf Course Winter Sunday golfing. 18 holes (\$20) tee off 10am, 9 holes (\$10) 12 midday. Includes food afterwards. Enquiries to club secretary on 022 678 1474.

Paparoa Beats 88.3fm Community radio based right here in Paparoa. A "Beautiful Resistance" to the mainstream. Also available online at paparoabeats.radio12345.com. If you would like to get involved and play your own tunes you can contact them on paparoabeats@gmail.com.







REGULAR EVENTS, MEETINGS AND ORGANISATIONS

Anglican Church St Marks Hook Road, ph 431 8193 or 431 6224 for services info
Ararua Church 10.30am every Sunday. All welcome Ph 431 6622
Art Studio, Ruawai Wed 10-12noon ph Frances 439 2554
Badminton Thursdays 7pm Paparoa Hall \$2 students, \$3 adults, Pete 021 056 7163
Farmers' Market Every Saturday 9-Noon, Village Green, Alistair, 027 525 4782
Grey Power Last Wed in month,1pm, Anglican Church Hall, Maungatūroto
Grow Paparoa Thur/Fri 9am to 12pm at the Community Gardens
Holy Trinity Anglican Church, Maungaturoto, All welcome. Ph 431 8193 for services information.

Kaipara Marching Team Weds 4-5.30pm, M'gto, Ph Lyn Hutchings 022 070 8674
Line Dancing Thurs 10am-noon Paparoa Hall Ph Jackie Cornes 027 368 7298
Paparoa Mah Jong Group 1st & 3rd Tues, Paparoa Hall 1.30-4pm, Sara 021 0774947
Mainly Music Wed 9.30am Paparoa Comm Church, Lynaire Porteous 431 7520
Matakohe Garden Circle 1st Weds each month, 1pm, J Mackinnon 431 6689.
Maungaturoto Opportunity Shop Open Mon, Wed, Thurs, Fri 10am-3pm.
Alternate Sat mornings 10am-1pm.

Maungatūroto and Districts Rotary Club Maungatūroto Centennial Hall, Tuesday evenings 6pm, Ph Stella 021 149 0877

Otamatea Quilters 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262 Outdoor Bowls Maungaturoto Green Ph Tony 431 6026 or Brian 431 6884 Pahi Hall available for hire Ph Tina 0210335128

Paparoa Community Church Sundays 10.30am, 4 Hook Road, 431 6795 or Dave Porteous 0274 180 676

Paparoa Box Fit Every Wednesday 6-7pm, Stretching/Cardio/Boxing \$10, Paparoa Hall, Stacey Watson 09 283 9931

Paparoa Dance to Music Every Tuesday 10:30-11:30, Stretching/Balance/Resistance/

Bands/Zumba, \$5, Paparoa Hall, Stacey Watson 09 283 9931 **Paparoa Garden Circle** 2nd Wed of month. Contact Raylee Over 021 2565 893

Paparoa Hall Functions venue Ph Robyn 431 7306 or a/h Loraine 431 7290 **Paparoa Library** Mon, Wed 2-4.30, Tues 10-1, Thurs 10-4, Fri 11-1.30, Sat 10-12.

Library Manager 09 431 7555 during library hours. Returns Box at Skeltons **Paparoa Lions** Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion

Paparoa Playcentre Tuesday and Thursday 10am-1pm Visitors Welcome Ph Kirstin 431 7373 txt 021 525 425 or Jane 431 6148 paparoa@playcentre.org.nz

Paparoa Primary School 2024. Term 2 ends 5 July, term 3 starts 22 July, ends 27 Sept, term 4 starts 14 Oct, ends 13 Dec. Ph 431 7379

Paparoa Toy Library Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330
Paparoa Volunteer Rural Fire Force (VRFF) 1st and 3rd Monday of the month 6.30pm Depot Rd ph Ken Ogilvie 021 129 4042

Plunket Ready Steady Wriggle Mon 10am Sports Pav. Tina Ball 021 033 5128
Selwyn Centre Thurs 9.45am for over 65's, St Marks, Hook Rd, Ph Sue 431 6224
Sports Pavilion Functions Venue Bookings ph Jane Bailey 431 6148
St Mary's Catholic Church Maungaturoto 10am Wed, 4pm Saturday
Table Tennis Tues 7.30pm, Sports Pavilion \$2 Pete 021 056 7163
Tennis Tues Junior from 4pm, Adult 5.30pm, Ph Sue 431-6224, Pete 0210567163
Yoga For Everyone Tues and Fri, 9.30am, Sports Pavilion. Hatha yoga & more. \$15.
Equipment provided. Beginners welcome. Ph Luciana for more info 0221896496

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Paparoa Press CLASSIFIED ADVERTISING

Storage Available

In Paparoa: Secure 20 foot Containers - contact Gary Dallas 021 431 712 Paparoa County Depot Trust



Firewood For Sale

Split and dry. \$90m³

Local delivery to Paparoa and Maungaturoto, or pick up. Phone Troy on 021 0809 7537

Buy Local Support Local

Help your community thrive and businesses survive

LOCAL TIDES for September 2024

TIDES - CALCULATED for PAHI-WHAKAPIRAU					
DATE	LOW	нідн	DATE	LOW	HIGH
1st	15.58	10.07	17th	16.06	10.13
2nd	16.35	10.45	18th	16.50	10.59
3rd	17.09	11.19	19th	17.34	11.43
4th	17.40	11.50	20th	18.19	12.27
5th	18.11	12.20	21st	6.44	13.11
6th	6.30	12.50	22nd	7.29	13.56
7th	7.01	13.20	23rd	8.17	14.45
8th	7.34	13.52	24th	9.09	15.42
9th	8.09	14.28	25th	10.09	16.53
10th	8.49	15.12	26th	11.24	18.20
11th	9.39	16.09	27th	12.50	6.50
12th	10.44	17.27	28th	14.01	8.05
13th	12.04	18.53	29th	15.52	10.00
14th	13.23	7.21	30th	16.33	10.42
15th	14.27	8.29			
16th	15.19	9.25		~ B	

Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

KAIPARA PHYSIOTHERAPY Lyndsay Bargh/Lynne Rhodes...09 4391656 LINKING HANDS Health Shuttle Service, Maungaturoto.09 431 8969 LIONS CLUB PAPAROA President Jim Rowlands....................... 09 431 7290

MAUNGATUROTO PHARMACY	09 431 8045
MAUNGATUROTO REST HOME	9 431 8696
OTAMATEA COMMUNITY SERVICES Community House O	9 431 9080
PAPAROA LIBRARY Free Membership. Ph 09 431 7555 Mon, Wed 2-4.30, Tues 10-1, Thurs 10-4 Fri 11-1.30,	
PAPAROA PLAYCENTRE paparoa@playce	entre.org.nz
PAPAROA PLUNKET .Plunket Nurse Louise 027 2823987 o	r 09 438 2508
PLUNKET Helpline	800 933 922
PAPAROA PRIMARY SCHOOL	09 431 7379
PROGRESSIVE PAPAROA INC (PPI)Pete Hames (021 0567163
PARENT PORT Inc. free help for families Linda	09 425 9357



